



Parks, Recreation and Historic Preservation

For Immediate Release:

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MARCH PROGRAMS AT MOREAU

(February 27, 2020 Gansevoort, New York) Moreau Lake State Park announces the following programs for the month of March.

Ratings: Beginner, Moderate, Advanced, Expert

****Please note our rating system is based on generalizations and is not meant as a guideline for hikes everywhere. These ratings take into consideration not only terrain, but distance traveled and are only comparative to Moreau Lake. Please call the park office for more information if you have any questions about hikes, 518-793-0511.**

March 4, 2020

Red Oak Ridge Hike

10:00a.m.- 12:00p.m.

Though somewhat challenging this hike is about 2.5 miles round trip. You will be climbing about halfway up the mountain range and walking through some special places our naturalist will point out as well as stop to enjoy. Registration is necessary with 24 hours advanced notice, please call 518-793-0511. Program fees apply.

Rating: Moderate

March 5, 2020

Knee High Naturalist

10:00a.m. AND 2:00p.m.

This class is intended for children ages 1-6 and their parents/guardians along with any siblings. We will read a short story or two based on the outdoors and then go for a short hike hoping to see some cool wildlife. Registration is necessary with 24-hour advanced notice, please call 518-793-0511. Stop at the office first to pay for the event. Each child costs \$1.

March 6, 2020

Lake Bonita Hike

1:00p.m.-3:00p.m.

This hike has a couple ups and downs that travel around Lake Bonita. The hike is about 2 miles and has some beautiful views of the Lake. Keep your eyes peeled and you will see some lovely rock outcroppings and maybe some neat wildlife. Registration is required with 24 hours advanced notice, please call 518-793-0511. Please meet and pay at the park office.

Rating: Beginner

March 7, 2020

Eagle Watch

9:30a.m.-12:30p.m.

Grab a pair of binoculars and a join park naturalist on his Bald Eagle survey. Moreau Lake State Park's section of the Hudson is home to wintering bald eagles. It is important for us to monitor their population and health, please come and help us! Registration is necessary, please call 518-793-0511. \$1 for 62+ and children, \$2 for everyone else.

- March 9, 2020** **Full Moon Hike** **6:00p.m.-8:00p.m.**
Our Park naturalist will be leading this month's Full Moon Hike. While walking around the lake, we will point out flora and fauna as the sun is setting and the moon is rising. Call for reservations with 24-hour advanced notice, 518-793-0511. Program fees apply. Please meet at the park office.
Rating: Beginner
- March 9, 2020** **Friend's Meeting** **7:00p.m.**
The Friends of Moreau Lake State Park is a non-profit 501(c)(3) organization dedicated to the support and promotion of environmental education programs and other activities at Moreau Lake State Park. Come to the monthly meetings where we will discuss our next events and general members' information. New members are always welcome. Meetings are held in the Nature Center.
- March 10, 2020** **Eastern Ridge to Moreau Overlook Hike** **10:00a.m.-3:00p.m.**
Join a park educator on this long hike traversing much of the park. This hike will be about 5+ miles starting at the Spring Overlook parking area and ending at the Moreau Overlook trail. We will leave a parked car at the bottom parking lot near the playground and leave another car parked at the Spring Overlook parking lot. Please call to register with 24-hour advanced notice, 518-793-0511. Costs are \$2 for adults, \$1 for children and seniors.
Rating: Expert
- March 11, 2020** **Turkey Trail Hike** **1:00p.m.-3:30p.m.**
This moderate hike scales half-way up the Palmertown mountain range. Learn from the park educator how this trail got its name. Reservations are required with 24 hours advanced notice, 518-793-0511. Please meet and pay at the park office. Fees apply.
Rating: Moderate
- March 13, 2020** **Ice Fishing for Kids** **10:00a.m.- 2:00p.m.**
Ever wonder how to ice fish? Come on down to Moreau for a lesson. No equipment needed, participants will get a pole in their hand and maybe even reel up a fish or two! Registration is necessary, please call 518-793-0511. Fees apply.
- March 14, 2020** **Eagle Watch** **9:30a.m.-12:30p.m.**
Grab a pair of binoculars and a join park naturalist on his weekly Bald Eagle survey. Moreau Lake State Park's section of the Hudson is home to wintering bald eagles. It is important for us to monitor their population and health, please come and help us! Registration is necessary, please call 518-793-0511. \$1 for 62+ and children, \$2 for everyone else.
- March 16, 2020** **Slithering Snakes** **6:00p.m.- 7:00p.m.**
Don't fear these wonderful misunderstood creatures. Come learn about the three different snakes that we take care of in our nature center and how they better our environment. Please call the park office to register for this event, 518-793-0511. Cost is \$1 per child.
- March 18, 2020** **Lake Bonita Hike** **1:00p.m.- 3:00p.m.**

This hike has a couple ups and downs that travel around Lake Bonita. The hike is about 2+ miles and has some beautiful views of the Lake. Keep your eyes peeled and you will see some lovely rock outcroppings and maybe some neat wildlife. Registration is required with 24 hours advanced notice, please call 518-793-0511. Meet and pay at the park office.

Rating: Beginner

March 19, 2020 Knee High Naturalist 10:00a.m. AND 2:00p.m.

This class is intended for children ages 1-6 and their parents/guardians along with any siblings. We will read a short story or two based on the outdoors and then go for a short hike hoping to see some cool wildlife. Registration is necessary with 24-hour advanced notice, please call 518-793-0511. Please stop at the office first to pay for the event. Each child costs \$1.

March 20, 2020 Spring Overlook Hike 10:00a.m.- 12:00p.m.

A park naturalist will lead as we hike along this steep but short hike up to the Spring Overlook. This almost mile long trek one way is one of the favorites at the park. Once at the top you will see a beautiful view of the Hudson River. Reservations are required with 24-hour advanced notice, please call 518-793-0511. This hike is about 2 miles round trip, so not very long, but a little on the steeper side.

Rating: Advanced

March 21, 2020 Eagle Watch 9:30a.m.- 12:30p.m.

Grab a pair of binoculars and a join park naturalist on his Bald Eagle survey. Moreau Lake State Park's section of the Hudson is home to wintering bald eagles. It is important for us to monitor their population and health, please come and help us! Registration is necessary, please call 518-793-0511. \$1 for 62+ and children, \$2 for everyone else.

March 23, 2020 Lake Bonita to Cottage Park Hike 10:00a.m.-3:00p.m.

Join a park educator on this long hike traversing most of the park. This hike will be about 5-6 miles starting over at Lake Bonita and finishing off the Cottage park trail. We will need two cars for this hike, parking one at the Spier Falls boat launch and one at the Lake Bonita parking lot. Please call to register for this event with 24-hours advanced notice, 518-793-0511. Costs are \$2 for adults, \$1 for children and seniors.

Rating: Expert

March 24, 2020 Get Kid's Outdoors 10:00a.m.- 12:00p.m.

Let's get kids outside! This event is for all aged kids. We will go for a walk around the lake, starting at the nature center. We will stop to play at our natural playground. From there for the younger ones if their legs can't make it, they can head back. For the older kids we will continue our walk. I've heard kids aren't getting an opportunity to get outdoors for recess in the winter, so this is their opportunity. I want to give everyone the opportunity to get outdoors so feel free to turn around whenever legs get tired. Please call the park office to register for this event, 518-793-0511. Please meet and pay at the park office, \$1 per child.

March 25, 2020 Wetland Hike 1:00p.m.-3:00p.m.

A park naturalist will lead this short easy hike around the back pond into the wetland area. This is a great habitat for birds, ducks and turtles so keep your eyes peeled. Reservations are required with 24-hour advanced notice, please call 518-793-0511.

Rating: Beginner

March 27, 2020 Eagle Watch 9:30a.m.-12:30p.m.

Grab a pair of binoculars and a join park naturalist on his Bald Eagle survey. Moreau Lake State Park's section of the Hudson is home to wintering bald eagles. It is important for us to

monitor their population and health, please come and help us! Registration is necessary, please call 518-793-0511. \$1 for 62+ and children, \$2 for everyone else.

March 28, 2020

Lake Ann Hike

1:00p.m.-4:00p.m.

A Park naturalist will lead this hike through part of the woods over at Lake Bonita to Lake Ann. This is a bit of a longer hike but on rather flat land with some ups and downs. This hike will take us about 2 miles one way to a beautiful bog. There is a lean to at Lake Ann that we can stop and have lunch at. Make sure to bring some water. Please call for reservations with 24 hours advanced notice, 518-793-0511. We will meet and pay at the park office, \$2 for adults, \$1 for children and seniors.

Rating: Moderate

Programs are weather permitting and are subject to change. Please call the park office to confirm event date, time and location. Participants should be prepared to spend time outside and are encouraged to wear appropriate clothing and footwear and to bring plenty of water. **There are program fees with all classes**, please ask for the price when registering for each class.

Reservations are required with 24 hours advanced notice, 518-793-0511.

If there are no participants signed up, classes can be cancelled at the discretion of the park.

Moreau Lake State Park is located off of exit 17 S of I-87, the Adirondack Northway. For additional information or to register for programs, please call the park office at (518) 793-0511.

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which are visited by 77 million people annually. A recent study found that New York State Parks generates \$5 billion in park and visitor spending, which supports nearly 54,000 jobs and over \$2.8 billion in additional state GDP. For more information on any of these recreation areas, call 518-474-0456 or visit www.parks.ny.gov, connect with us on [Facebook](#), or follow on [Instagram](#) and [Twitter](#).

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