

## **UPDATE: COVID-19 Information for Saratoga County**

### **May 25, 2020**

Ballston Spa, NY — The Saratoga County Department of Public Health Services today announced the most current stats\* on COVID-19 in Saratoga County.

- Confirmed cases of COVID-19: 461
- Deaths: 15
- Hospitalizations: 4

\*Please note that we are not able to provide updates on active cases, recovered cases and total tests during the holiday weekend. Those numbers will be updated on Tuesday.

#### Recent spike in overdoses

The Capital Region recently experienced a significant rise in accidental overdose cases from cocaine that was laced with Fentanyl. A Narcan intervention proved life-saving in many of these incidents. If you know someone who uses cocaine, heroin or other illicit drugs that could potentially be contaminated with Fentanyl, it would be wise to have Narcan available. Visit [our website](#) for more information about acquiring Narcan

If you or someone you care about needs help, there are options:

- The New York State Office of Alcoholism and Substance Abuse Services(OASAS) HOPEline: 1-877-846-7369 or TEXT: HOPENY (467369)
- SAMHSA's National Helpline: 1-800-662-HELP | TTY: 1-800-487-4889, also known as the Treatment Referral Routing Service. It is a confidential, free, 24-hour-a-day, 365-day-a-year information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups and community-based organizations.

#### Memorial Day Weekend

As we all head outside to enjoy and celebrate Memorial Day Weekend, there are a few important things to remember. It is still recommended that you maintain social distance and wear a mask or face covering while in shared public spaces (less than 6 feet apart).

Here are a few different ways you can celebrate safely:

- Get Outdoors – Go for a hike, bike, walk or have a picnic with your household while still maintaining social distance from others
- Game Night – Take on a puzzle or pull out a board game.
- Drive-in Movies – Local drive-in movie theaters have opened with some new rules. Be sure to visit their websites for more information before attending.
- Outdoor Cookout – Order from your favorite restaurant or start up the grill and have a family barbeque at home with the members of your household.
- Driveway Chalk Art – Thank our veterans and honor Memorial Day by making patriotic driveway chalk art for everyone to see on their walks.

Remember to be safe, maintain social distance and help protect all of our loved ones this holiday weekend.