

**UPDATE: COVID-19 Information for Saratoga County
April 3, 2020**

Ballston Spa, NY — The Saratoga County Department of Public Health today announced that there are 148 confirmed cases of COVID-19 in Saratoga County and 18 of those individuals are hospitalized at this time.

The Saratoga County Department of Public Health is reminding people that the best way to stop the spread is to stay home.

“We’re reminding residents to continue to practice social distancing, and that symptoms of COVID-19 can take between 2 and 14 days to appear after exposure,” said Cathi Duncan, Director of Saratoga County Public Health Services. “People who are asymptomatic can still spread the virus, and it can be easily dismissed by some who mistake it for a common cold with a cough, sore throat, headache and fever. Don’t take the chance of spreading this virus to someone you love. Stay home!”