



Parks, Recreation and Historic Preservation

For Immediate Release:

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MAY PROGRAMS AT MOREAU

(April 18, 2019 Gansevoort, New York...) Moreau Lake State Park announces the following programs for the month of May.

Ratings: Beginner, Moderate, Advanced, Expert

**Please note our rating system is based on generalizations and is not meant as a guideline for hikes everywhere. These ratings take into consideration not only terrain but distance traveled and are only comparative to Moreau Lake. Please call the park office for more information if you have any questions about hikes, 518-793-0511.

May 2, 2019

Knee High Naturalist

10:00a.m. AND 2:00p.m.

This class is intended for children ages 1-6 and their parents/guardians along with any siblings. We will read a short story or two based on the outdoors and then go for a short hike hoping to see some cool wildlife. Registration is necessary with 24-hour advanced notice, please call 518-793-0511. Stop at the office first to pay for the event. Each child costs \$1.

May 2, 2019

Mud Pond Hike

12:00p.m.-2:00p.m.

This hike is a pretty flat hike. We will start off on the nature trail and head out to Mud Pond. There we will see some beaver lodges and maybe some other fun wildlife. This hike is fairly easy, at about 2.5 miles round trip. Reservations are necessary with 24 hours advanced notice, please call 518-793-0511. Fees apply.

Rating: Beginner

May 2, 2019

Spring Overlook Hike

1:00p.m.-3:30p.m.

A park educator will lead as we hike along this steep but short hike up to the Spring Overlook. This almost mile long trek one way is one of the favorites at the park. Once at the top you will see a beautiful view of the Hudson River. Reservations are required with 24-hour advanced notice, please call 518-793-0511. This hike is about 2 miles round trip, so not very long, but a little on the steeper side.

Rating: Advanced

May 4, 2019

I Love My Park Day

9:00a.m.- 3:00p.m.

Take a walk in the woods on this easily navigable and trail free parcel of the park. There will be beautiful views of the Hudson River and some neat natural wonders to explore. This is a flat, bushwhacking hike. Reservations are required with 24 hours advanced notice, please call 518-793-0511. Meet and pay at the park office. \$1 for kids and anyone over 62, \$2 for everyone else.

Rating: Beginner

May 17, 2019

Full Moon Hike

8:00p.m.-10:00p.m.

Our Park Naturalist will be leading this month's Full Moon Hike. While walking around the lake, we will point out flora and fauna as the sun is setting and the moon is rising. Call for reservations with 24-hour advanced notice, 518-793-0511. Program fees apply.

Rating: Beginner

May 18, 2019

Moreau Kayak Trip

1:00p.m.-3:00p.m.

Spring is here, come learn kayaking with us! This wonderful spring time paddle is a wonderful way to learn a new fun way to spend time outside. The Park Naturalist will lead this beginner's paddle around the lake pointing out signs of spring and other wonderful sights that are more enjoyable from an up-close perspective given by a kayak. Reservations are required with 24 hours advanced notice, please call 518-793-0511. Please meet and pay at the park office.

May 21, 2019

Lake Bonita Hike

2:00p.m.-4:00p.m.

This hike has a couple ups and downs that travel around Lake Bonita. This hike is about 2+ miles and has some beautiful views of the Lake. Keep your eyes peeled and you will see some lovely rock outcroppings and maybe some neat wildlife. Registration is required with 24 hours advanced notice, please call 518-793-0511. Please meet and pay at the park office.

Rating: Beginner

May 24, 2019

Moreau Kayak Trip

1:00p.m.-3:30p.m.

Spring is here, come learn kayaking with us! This wonderful spring time paddle is a wonderful way to learn a new fun way to spend time outside. The Park Naturalist will lead this beginner's paddle around the lake pointing out signs of spring and other wonderful sights that are more enjoyable from an up-close perspective given by a kayak. Reservations are required with 24 hours advanced notice, please call 518-793-0511. Please meet and pay at the park office.

May 25, 2019

Lake Bonita Hike

1:00p.m.- 4:00p.m.

This hike has a couple ups and downs that travel around Lake Bonita. This hike is about 2+ miles and has some beautiful views of the Lake. Keep your eyes peeled and you will see some lovely rock outcroppings and maybe some neat wildlife. Registration is required with 24 hours advanced notice, please call 518-793-0511. Please meet and pay at the park office.

Rating: Beginner

May 28, 2019

Lake Bonita to Lake Ann

10:00a.m.-1:00p.m.

A Park Educator will lead this hike through part of the woods over at Lake Bonita to Lake Ann. This is a bit of a longer hike but on rather flat land with some ups and downs. This hike will take us about 2.5 miles one way to a beautiful bog. There is a lean to at Lake Ann that we can stop and have lunch at. Make sure to bring some water. Please call for reservations with 24 hours advanced notice, 518-793-0511. We will meet and pay at the park office.

Rating: Moderate

Programs are weather permitting and are subject to change. Please call the park office to confirm event date, time and location. Participants should be prepared to spend time outside and are encouraged to wear appropriate clothing and footwear. **There are program fees with all classes**, please ask for the price when registering for each class.

Reservations are required with 24 hours advanced notice, 518-793-0511.

If there are no participants signed up, classes can be cancelled at the discretion of the park.

Moreau Lake State Park is located off of exit 17 S of I-87, the Adirondack Northway. For additional information or to register for programs, please call the park office at (518) 793-0511.

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 individual state parks, historic sites, golf courses, boat launches and recreational trails, which are visited by 74 million people annually. For more information on any of these recreation areas, call 518-474-0456 or visit www.nysparks.com, connect on [Facebook](#), or follow on [Twitter](#).