

# BULLDOG SELECTS BASKETBALL

## “BIG 3”

SUMMER CAMP SERIES at MOREAU RECREATION



### DATES

WEEK 1	-	JULY	3 - 4 - 5
WEEK 2	-	JULY	10 - 11 - 12
WEEK 3	-	JULY	17 - 18 - 19
WEEK 4	-	JULY / AUGUST	31 - 1 - 2
WEEK 5	-	AUGUST	7 - 8 - 9
WEEK 6	-	AUGUST	14 - 15 - 16

**WHERE:** Moreau Recreation Field SGF - Nolan Basketball Court - “Big 3” Home base

**WHEN:** **MONDAY - TUESDAY - WEDNESDAY**  
(if any day is rained out we will hold a THURSDAY meeting that week)

**WHO:** **GROUP 1 (Grades 5 - 6 - 7 - 8)** (as of 2022-23 school year)  
**GROUP 2 (Grades 1 - 2 - 3 - 4)** (as of 2022-23 school year)  
**ANY SCHOOL DISTRICT**

**TIME:** **GROUP 1** 10 am - Noon **(Grades 5 - 6 - 7 - 8)**  
**GROUP 2** 10 am - Noon **(Grades 1 - 2 - 3 - 4)**

Our **6 Week** program will focus on basic basketball skills such as: Ball handling, Scoring at the rim, Shooting off the pass & the dribble, Passing, Screening along with Defensive positioning in a controlled competitive environment. This will be accomplished by using individual instruction along with competitive game play daily. An introduction to Speed & Agility and Plyometric jump training as it relates to basketball will be addressed each week as well.

Our staff will assist them in developing an obtainable plan of **goal setting**, as well as developing a **positive mindset** toward accomplishing their future basketball goals.

### 3 WAYS TO REGISTER

- 1 - BY WEEK — **\$ 50.00** for 3 consecutive days (Monday thru Wednesday)
- 2 - BY SESSION --- **\$ 125.00** for 3 weeks - 9 total days (Monday thru Wednesday)
- 2 - BOTH SESSIONS --- **\$ 250.00** for 6 weeks - 18 total days (Monday thru Wednesday)

Make Payment to: Moreau Recreation

\*\*\* DEADLINE FOR SESSION 1 REGISTRATION Friday June 30th, 2023 \*\*\*

BULLDOG SELECTS BASKETBALL

“BIG 3”

SUMMER CAMP SERIES



**WEEKLY - \$ 50.00**

\_\_\_\_\_ WEEK 1 **ONLY** - JULY 3 - 4 - 5

\_\_\_\_\_ WEEK 2 **ONLY** - JULY 10 - 11 - 12

\_\_\_\_\_ WEEK 3 **ONLY** - JULY 17 - 18 - 19

\_\_\_\_\_ WEEK 4 **ONLY** - JULY/AUG 31- 1 - 2

\_\_\_\_\_ WEEK 5 **ONLY** - AUGUST 7 - 8 - 9

\_\_\_\_\_ WEEK 6 **ONLY** - AUGUST 14 - 15 - 16

\_\_\_\_\_ **SESSION 1 “3 WEEKS in JULY” - \$ 125.00** (SAVE \$25.00)  
(3 weeks - 9 Total Days - 7/3/23 - 7/19/23)

\_\_\_\_\_ **SESSION 2 “3 WEEKS in AUGUST” - \$ 125.00** (SAVE \$25.00)  
(3 weeks - 9 Total Days - 7/31/23 - 8/16/23)

\_\_\_\_\_ **SUMMER “ALL 6 WEEKS” - \$ 250.00** (SAVE \$50.00)  
(6 weeks - 18 Total Days - 7/3/23 - 8/16/23)

\$ \_\_\_\_\_ **CAMPER TOTAL PAYMENT**